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சுவசிரிபாய
SUWASIRIPAYA

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சுகாதார அமைச்சு
Ministry of Health

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எனது இல) NPTCCD/Circular/TB Ix/2020/76
My No.)

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Your No. :)

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Date)

17.12.2020

General Circular Number: 01 - 46 / 2020

- DDG-NHSL, DDG-NH Kandy,
- All Provincial Directors of Health Service,
- All Regional Directors of Health Service,
- Hospital Directors/Medical Superintendents/Heads of Medical Institutions,
- Director/ National Institute of Health Sciences,
- Chief Medical Officer of Health/Colombo Municipal Council,
- All District Tuberculosis Control Officers (DTCOs)

Baseline and Follow-up investigations for Tuberculosis patients who attend to District Chest Clinics

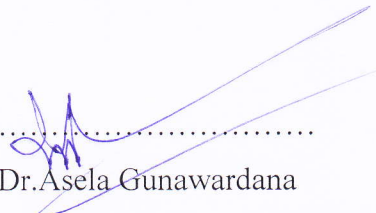
Annually nearly 8000- 9000 patients with Tuberculosis have been reported in Sri Lanka. Case fatality rate of TB in Sri Lanka remains at 6%- 7% without any significant reduction during the last few years. Hence, above 500-600 patients with TB die annually. Significant proportions of TB patients are in the age group of above 55 and have one or more medical co-morbidities. Treatment success rate of patients with TB which is currently stagnated at 84%.

To achieve the End TB targets in 2025, it is mandatory to reduce 95% of the deaths of TB patients. During 2019, 70% of patients who died of TB had a co-morbid condition and more than 50% had diabetes. In order to achieve the objectives, proper management of co morbidities during the period of TB treatment is essential.

Therefore, following investigations should be carried out in all patients who are diagnosed with TB at the initiation of treatment.

- 1.Full Blood Count
- 2.Blood sugar (FBS with or without PPBS)
- 3.SGPT(ALT), Serum Bilirubin
- 4.S. Creatinine
- 5.ECG
- 6 Chest X ray
- 7.HIV ELISA Screening Test
- 8.Any other required

- Furthermore, it is the responsibility of the District Chest Clinic staff to ensure that all patients diagnosed with TB having medical co-morbidities to be discussed with Consultant Respiratory Physician and arrange relevant specialist clinic referrals.
- On follow up visits, it is mandatory that patients adhere to the treatment recommended by the specialized clinics and make sure the medical conditions are under control (Blood Pressure, Blood sugar, S. Creatinine).
- The referrals and lab investigation findings should be documented in the patient's clinic records.
- District chest clinics in which basic investigation facilities are not available should arrange investigations from the nearest Health Institutions/Hospital.


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CC: Sri Lanka College of Pulmonologist
Ceylon College of Physicians
Sri Lanka College of Internal Medicine
Sri Lanka College of Endocrinologist
Sri Lanka College of Pediatricians